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846 The point of particular interest about this quotation is that it contains almost the only reference to a custom resembling the couvade.

Hitchcock's information comes mainly from the Tukabahchee, and is as follows:

"When [a woman] is visited with what is peculiar to the sex . . . she is obliged to occupy a separate tent or house, to eat from separate dishes, and to live entirely apart from all others until it is passed. Then she is taken and thoroughly washed, whether in winter or summer, and returned to the family. The utensils used by her are laid aside until required for a similar purpose. No man is ever allowed to sit in the seat which has been used by a woman under those circumstances.

"At the period of childbirth the woman is obliged to leave the house and the child must be born out of the house, winter or summer. The mother must not enter the house for ten days and must not sleep in it for two months, and if she is taken sick in giving birth to a child she is not allowed to sleep in the house for four months. Before the child is allowed to suckle it is taken to a branch or spring, and water is thrown upon its tongue several times. Children are often bathed in a creek by the time they are a month old. Formerly they were rolled in the snow to make them hardy. When the child is a boy, a physic maker, a sort of priest, is called upon for a preparation which is placed upon the mother's nipple to make the child hardy and brave, and an active ball player."[81]

841 The Alabama living in Texas say that when a woman's monthly sickness (holotci' taye'ha) came on she took a blanket and went away to a small house near some stream or spring to live until it was over. She did her own cooking there and when she drank used her two hands instead of a cup. During that time she might not speak to anyone. When the time was passed she bathed and washed all of her clothes thoroughly before returning home. If she ate with her family without having done this it was thought they would fall sick. At that time a man avoided walking close to a woman for the same reason.

[881] It is the universal testimony that the regulations observed by a girl at her first menstrual period differed in no particular from those undergone by her on every recurring month.

•844 When a woman was going to have a child she acted in much the same manner, only she seems not to have camped so far away. She observed the same regulations, however. An old woman acted as midwife, and for some time after its birth the child was bathed every day. Swan's words in the following quotation must not be accepted literally when he says that the young mother was "entirely alone." He says:

[81] Hitchcock, Ms. notes.

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"It is an established rule, that pregnant women be entirely alone at the time of delivery; and this rule is rigidly adhered to. Nature seems to have fortified them with strength to undergo the operation without assistance. On the 12th of December, 1790, four women came from the white ground, ten miles from Little Tallassie, to sell horse-ropes to the beloved man. The day was cold and rainy, with a sleet of snow; they stayed all night. About midnight, one of them, a young woman, was taken in travail; her mother was with her, and immediately ordered her to take some fire and go into the swamp, about thirty rods from the out-house where they slept. She went alone, was delivered of her child, and at ten o'clock next morning, being bare-footed and half naked, took the infant on her back, and returned home through the rain and snow, which still continued to fall, without the least inconvenience.

"This circumstance, had I not been present and seen the woman with the infant on her back, I might have been doubtful of its possibility."[83]

Romans says: "The women are just as easily delivered as those of the other savages, and immediately after birth the infant is plunged into cold water."[84]

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According to Jackson Lewis a prospective mother was not allowed to eat at the same table as the rest of the family.

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Virility was a matter of pride with Creek men—the more children they had the better—and Adair says that the Indians of his acquaintance entertained "a contemptible opinion of their females that are barren—sterility they consider as proceeding from the divine anger, on account of their conjugal infidelity."[85]

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Among many tribes twins were held in abhorrence and one of them was frequently killed, but Mr. Grayson informed me that the Creeks anciently considered the younger of twins was likely to make an efficient kĭla or prophet.

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Sometimes the child was kept from nursing for four days and was made to swallow certain small roots to make it live long. The same effect was produced by keeping it indoors four months so that no one could see it.

Adair has the following to say regarding the sympathetic magic practiced on Chickasaw babies in order to insure them good fortune:

"Their male children they chuse to raise on the skins of panthers, on account of the communicative principle, which they reckon all nature is possessed of, in conveying qualities according to the regimen that is followed: and, as the panther is endued with many qualities, beyond any of his fellow animals in the American woods, as smelling,

[83] Swan in Schoolcraft, Ind. Tribes, vol. v, p. 271.
[84] Romans, Nat. Hist. E. and W. Fla., p. 88.
[85] Adair, Hist. Am. Inds., p. 72.

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757 had been used very successfully by a white physician in North Carolina "in curing the *yaws*." [51]

Still farther on he says: "Several species of *Smilax*, the woody vines of *Bignonia crucigera*, some of the *bays* (*laurus*), are of great account with the Indians as remedies . . .

"The caustic and detergent properties of the white nettle (roots) of Carolina and Florida (*Jatropha urens*), used for cleansing old ulcers and consuming proud-flesh, and likewise the dissolvent and diuretant powers of the root of the convolvulus panduratus [*Ipomoea pandurata*], so much esteemed as a remedy in nephritic complaints, were discovered by the Indians to the inhabitants of Carolina." [52]

One or two other items may be added from notes taken by the Agent Eakins from an Alabama Indian:

"The big prairie-weed is used as an emetic, taken as a tea. For cathartics they have a number of roots and weeds, prepared as a tea . . . They have two modes of treating eruptions of the skin: First, the external application of a decoction of herbs; and, Secondly, by steaming with the same decoction. The cause of their known and general failure to treat small-pox, or varioloid, is, First, their limited knowledge of the nature of the disease; and, Secondly, their belief that it is contagious prevents their administering for its cure. In no cases, whatever, do men assist in parturition. After parturition, [844] they use a simple root or weed. For paralysis, their treatment is not, in all cases, successful, which is generally by roots or herbs. They use the vapor bath efficaciously." [53]

SUPPLEMENTARY NOTE

796 Through the kindness of Mr. David I. Bushnell, Jr., I am able to add the following notes regarding a Creek busk witnessed by the artist J. M. Stanley and Mr. Sumner Dickerman in the summer of 1843, the year after the busk described by General Hitchcock. They were contained in a letter written at "Bayou Menard, Cherokee Nation, August 4, 1843," by Mr. Dickerman and printed in a newspaper, and give little more than an account—a very good one nevertheless—of the women's dance. The town was probably Tukabahchee, but this is uncertain. Mr. Dickerman, as well as his companion, seems to have had some artistic ability, since the services of both gentlemen were utilized by the Indians in painting a banner for the occasion. "On one side was painted the American Eagle, with the motto, 'E Pluribus Unum,' and the thirteen stars; on the other the crossed pipes, hatchet, and clasped hands, with the motto of 'Peace and Friendship.'" After Mr. Dickerman had run this up on a pole about 21 feet high, at one corner of the square, the Indians took it down and inverted it so that the eagle might be seen from the inside of the square as the wind was then blowing.

Mr. Dickerman describes the ceremonial ground as measuring "about 35 feet square," and says, "on each side is a small house with open front, facing the interior, and an entrance from each end of the house. Seats were arranged in

[51] Bartram, Trans. Am. Eth. Soc., p. 44.
[52] Ibid., pp. 44–47.
[53] Schoolcraft, Ind. Tribes, vol. 1, p. 276.